

# Flowers and Colours

**Mighty Mega Saturday Morning Club activities by Renata Minoldo**

**Activity nine: *Make seed bombs***

Hi everyone, welcome to the last activity of this project I've grown so fond of, Flowers and Colours!

In this video, we will be learning how to make seed bombs. Seed bombs are a great way to preserve seeds and keep them safe while sprouting, protecting them from animals or insects that might otherwise eat them. They are also super fun and easy to make, and they will give you a lovely surprise.

***You will need:*** an egg box, 2 small bowls, some water, a pair of scissors, wild flower seeds (you should've received them in your activity pack), a strainer and a sponge.



**Please have a look at the video for very easy peasy step by step instructions!**

I hope you enjoyed all the Flowers and Colours activities as much as I did and that you are full of new sensorial experiences.

With love and care,  
Renata