

Flowers and Colours

Mighty Mega Saturday Morning Club activities by Renata Minoldo

Activity six: Make Salt Dough

Hi everyone and welcome to this week's video activity!

The activity I'm proposing for this week is based on the salt dough my grandma used to make for me when I was little. I used to enjoy playing with it a lot, and spent countless hours creating hanging mobiles, vases and little sculptures with it. This dough is super easy to make, with just 3 basic ingredients and will keep well for a week or so in the fridge as well. There's the option to add some dried flowers to it to decorate it and/or add also the inks we made to give it some colour. You could also wait till the dough is dry and then paint it with acrylic paints. Once this dough is dry it won't like water anymore, so it'll be best to keep it in a dry place and away from liquids.

You will need: 1 cup of warm water, 1 cup of salt, 2 cups of flour, a spoon, a big bowl and only if you feel like it you could also add dried flowers and inks



Step by step with the help of a grown up

1. In a bowl, mix one cup of salt with two cups of flour
2. Slowly add one cup of warm water and mix with your hands until you have a dough. If it's too sticky, add a bit more flour. If there's still lots of flour in the bowl, add a tiny bit of water.
3. Add your flowers and/or your inks to colour your dough.
4. Make stuff! You can play with simple actions like I do in the video such as rolling, pinching, tapping and making fingerprints
5. Wait for a week or so until your dough creations are dry

I hope you truly enjoy playing with this dough!

With love and care,
Renata