

Run          Roll          Twist

Fall      Stretch      Leap

Stillness      Curl      Hop

Contract      Hide      Walk

Gesture      Kneel      Fall

Carry      Turn      Reach

Rise      Slide      Walk

Jump      Kick      Ripple

Crouch Stamp Dive

Skip Punch Shrink

Inflate Deflate Grow

Drop Swing Flick

Expand Tremble

Wiggle Melt Dart

Listen Balance Fly

Freeze Shiver Jerk