

THE HANDSHAKE CHALLENGE!



**MIGHTY MEGA
SUMMER 2020
WEEK 1**
with Jasmine Hall Dance

Saying HELLO to your friends and family is very important, to always be polite and friendly.

However, I want us to MIX IT UP! You, your friends and family who live with you are going to make your own personalised handshake! Therefore, your challenge is to...

Create a handshake sequence of 8-10 different moves!

This can be something you can use with those who know your handshake, like you are in a secret club! But make sure you think of this important question...

HOW MANY DIFFERENT BODY PARTS CAN YOU USE?

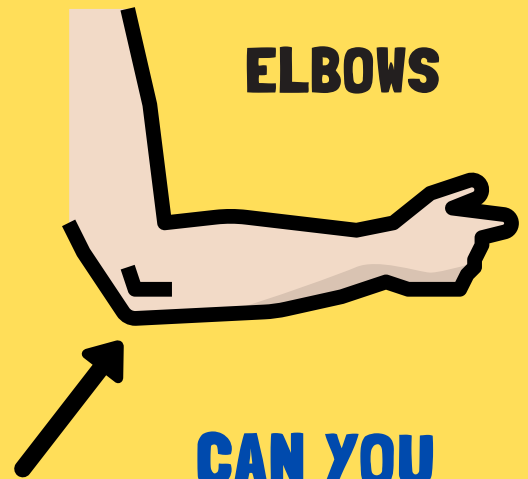
HANDS



FEET



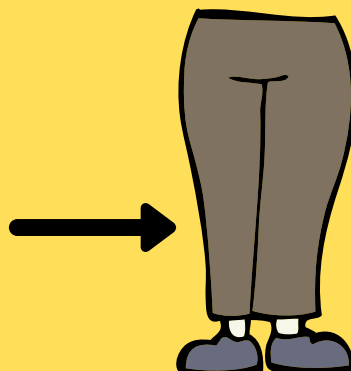
ELBOWS



**CAN YOU
THINK OF ANY
OTHER BODY
PARTS?**



HEADS



KNEES



JHD

Jasmine Hall Dance